February Registration must be turned in or mail to address below for February classes. Cash or Checks. Class Locations: 18632 Pony Express (PAMA) across the street from post office. Please register by January 22ndThank you.

11188 Tamarron Place, Parker (mail checks to this address and make checks out to Irene Speirs) Please include this as your registration form.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Amount$\_\_\_\_\_\_\_ add an X after each class you selected/and register. \*\*\* Don’t forget to mark your calendars as a reminder. Thank you.

Monday Yoga 9 am 3rd, 10th, 17th, 24th $24\_\_\_\_\_\_

Tuesday/Thursday

9 am Pilates 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th $48\_\_\_\_\_\_

10:15 am Beginners Tai Chi 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th $48\_\_\_\_\_\_

11:30 am Stretch Balance & Flow 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th $48\_\_\_\_\_\_

12:45 pm All Forms Tai Chi 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th $48\_\_\_\_\_\_

Wednesday/ Friday Gentle Yoga Stretch 12 pm

5th, 7th, 12th, 14t,h 19th, 21st, 26th 28th $48\_\_\_\_\_

Friday Tai Chi 8 solo forms, 10 & 16 yang style 10:45 am

7th, 14th 21st 28th $24\_\_\_\_\_

Drop In Rate for all classes $8