March Registration must be turned in or mail to address below for March classes. Cash or Checks. Class Locations: 18632 Pony Express (PAMA) across the street from post office. Please register by Feb 22nd Thank you.

11188 Tamarron Place, Parker 80138(mail checks to this address and make checks out to Irene Speirs) Please include this as your registration form.

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Amount$\_\_\_\_\_\_\_ add an X after each class you selected/and register. \*\*\* Don’t forget to mark your calendars as a reminder. Thank you.

Monday Yoga 9 am 2nd, 9 th, 23rd & 30th $24\_\_\_\_\_\_

Tuesday/Thursday

9 am Pilates 3rd, 5th, 10th, 12th, 24th, 26th & 31st $42\_\_\_\_\_\_

10:15 am Beginners Tai Chi 3rd, 5th, 10th, 12th, 24th, 26th & 31st $42\_\_\_\_\_\_

11:30 am Stretch Balance & Flow 3rd, 5th, 10th, 12th, 24th, 26th & 31st $42\_\_\_\_\_\_

12:45 pm All Forms Tai Chi 3rd, 5th, 10th, 12th, 24th, 26th & 31st $42\_\_\_\_\_\_

Wednesday/ Friday Gentle Yoga Stretch 12 pm

4th, 11th, 13th, 25th, 27th $30\_\_\_\_\_

Friday 10:45 am Tai Chi 8 solo forms, 10 & 16 yang style

13th & 27th $12\_\_\_\_\_

**Spring Break Schedule**

Drop In Rate for all classes $8